There are multiple resources for you and your family to settle here!



#### FIND THE RIGHT PROGRAM FOR YOUR FAMILY

#### STRONG START BC

StrongStart BC is a FREE drop-in early learning program for your young child (aged birth to five). <u>Children must be accompanied</u> <u>by a parent or caregiver while attending the program.</u> Qualified early childhood educators lead learning activities where children find opportunities to make friends and interact with others of similar ages.

#### LIFE PROGRAM

The program provides a combination of credit and free drop in visits to eligible low-income individuals and families to use towards recreational programs and services.

#### Who is not eligible?

- Post-secondary students attending Royal Roads, UVic, Camosun College
  - Households with a combined income that exceeds the Low-Income Thresholds



StrongStart BC

# JAMES BAY COMMUNITY PROJECT

The Family Resource Centre at JBCP is a warm, family-friendly place for parents to come together and enjoy activities, to learn more about parenting, and to become involved in their community. Free programs for children age 0 – 14) 547 Michigan St., Victoria BC familyprograms@jbcp.bc.ca | 250-388-7844

### WEST SHORE EARLY YEARS PROGRAMS

Enjoy art, stories, activities, and circle time. Meet other parents and children in your community in our fun and friendly play space. 345 Wale Rd., Victoria BC eholler@sfrs.ca | 250-940-4882



Find a Strong Start for you





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# FIND THE RIGHT PROGRAM FOR YOUR FAMILY



# PENINSULA EARLY YEARS CENTRE

Peninsula Early Years Centre, Beacon Community Services offers a welcoming, nurturing space for families and caregivers with children ages 6 and under. Families will find comfort and encouragement, as well as important resources and supports that help build a strong foundation for young children – so they get the strongest start possible in life. 1649 Mt Newton Cross Rd, Saanichton, BC peninsulaearlyyears@beacons.ca | 250-415-9794

### OAKLAND COMMUNITY ASSOCIATION

Free programs for children age 5yrs and under
Parents MUST register in advance to attend.
email: reception@oaklandsca.com for more info
Ph: 250-370-9101 ext. #1





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# Kids love this exciting adventure! We have toys, tot cars, floor hockey sticks, and soft soccer balls plus a variety of other

Colorful sports equipment. Parent participation is required. Gordon Head Recreation Centre.

# 4100 Lambrick Way, Victoria BC | 250-475-7100

\$3.50 per child / Check the schedule.

#### Saanich Commonwealth Place

4636 Elk Lake Dr. Victoria BC | 250-475-7600 \$6.00 with swim afterwards / Check the schedule.

#### **Greenglade Community Centre**

2151 Lannon Way, Sidney BC | 250 656 7055 \$3.50 per child / Check the schedule.

## Victoria West Community Association 521 Craigflower Rd. Victoria BC | 250-590-8922 \$2 per child / Fridays 9:30am – 11:30am

#### **Henderson Recreation Centre**

2291 Cedar Hill X Rd. Victoria, BC | 250-370-7200 \$6.00 per child / Check the schedule.

Kinder Gym

#### **Pearkes Recreation Centre**

3100 Tillicum Rd. Victoria, BC | 250-360-1148 admin@snplace.org / Check the schedule.



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# **Greater Victoria Public Library**



# Vancouver Island Regional Library



# Westshore Branch



# Victoria Branch



# **Sidney Branch**





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